



Post Maes Pedr



NO 3

MAY/MAY 2012

Swedish Ski-ing Adventures

Stuart gave a very interesting talk with photos on his Skiing adventures in Northern Sweden. He flew from Gatwick to Trondheim in Norway then it was a 2 hour coach trip to the ski centre in Sweden, The Ski centre Åre, is the largest ski area north of the Alps! The village is located at 372 metres altitude and has 83 lifts, 98 kilometres of slopes and 180 kilometres of cross country tracks. The scenery is breathtaking, low sweeping mountains covered with pine forests, and the skiing is suited to all levels, plus there are a good range of activities for the non-skier. Disabled Skiing for all disabilities is catered for by the Total Ski School based in Rodkullen.

Stuart explained how he used a special Ski kart that enabled him to ski down the centre's slopes by himself. The karts don't require balancing or outriggers, have 4 skies and are completely stable at rest. Two levers at waist level are pushed or pulled to turn the two front skis on the ski kart, they also enable the kart to slow down

When learning to ski, these karts they can be controlled by a ski instructor using a tether rope attached to the rear. The Karts cannot use chair lifts and use the "T" bars instead. Sweden leads the way in the use of these karts at their ski school in Are.

Stuart showed us some short videos of him skiing down the slopes at quite a speed, which he said gave him a nice adrenalin rush. It is also possible to go off piste with the kart and explore other areas.

Stuart enjoyed the camaraderie with the instructors and the other skiers. They skied as much as possible, got back to the hotel for a shower and an evening meal then took an extra long time over a glass of beer as it cost £7 for a pint. They did go out for a meal to a restaurant and ate elk that was cooked using hot stones such as granite or basalt.

Stuart has been regularly for his annual week's skiing and can't wait for the next one.

Report by Roger Williams

For those of you looking for a special Welsh gift - a recommended firm is **Giftware Wales**
Their response is very quick – often next day delivery.

The best way to contact them is to email
sales@giftwarewales.co.uk.

You can also telephone on 0845 8693555
Alternatively write to them at:
122 Garrod Avenue
Dunvant
Swansea
SA2 7XQ



This month our Spotlight Star is



Rene Denyer

Rene was born in Bristol on 4th January 1917 which makes her an amazing 95 years old. Her father was in the Army and when Rene was 3 years old he was stationed in Wrexham. The family lived there for 6 years until he left the Army and the family moved south to Newport.

Rene attended the Elementary school and then the Newport High School where much to her annoyance she remained, until taking her School Certificate Examinations at 16. Most of her friends had left school at 14 but Rene's father was a firm believer in acquiring qualifications.

On leaving school Rene started work in the offices of the national firm of Peglers where she worked until war broke out in 1939. Then she went to work as a typist for the RAF at their base in Newport docks. At this time a young soldier from Petersfield was billeted with the family – a certain Reg Denyer. The wedding took place on Christmas Day 1941 but the happy couple were soon parted as Reg was stationed in India for the next 4 years until the end of the war. Rene and Reg were married for 64 years until sadly Reg passed away 6 years ago.

Soon after the end of the war Rene and Reg moved to Petersfield. By now their first daughter Lesley had arrived, followed a few years later by Sandra. Rene now has 4 Grand children and 4 Great Grand children.

In the early 1960s Rene and Reg became the licensees of The King's Arms in Marmion Road, Southsea (it is now Waitrose!) After 14 years of working long hours they decided that life needed to be a little less strenuous and so they moved back to Petersfield. Rene started helping out at The Toby Jug in Petersfield where the newly formed Petersfield Welsh Society held their meetings. She was encouraged to join the society being highly eligible

due to her Welsh father and also having lived in Wales for almost 30 years.

Rene's father had been a PT Instructor in the Army and after leaving the Army he held classes in a variety of different sports. In her younger days Rene was quite a Gymnast and would demonstrate the movements in her father's Gym classes. Her father was also an accomplished Fencer and Rene regrets that she never learned to play this sport.

Rene now enjoys watching sport on television such as Golf, Snooker and especially Tennis and is looking forward to the Wimbledon tournament. She takes part in a keep fit session every week and keeps her mind active by doing word puzzles such as codeword every day. Rene enjoys reading and particularly enjoys murder and mystery novels.

Rene has had health problems in recent months but is now much better and looking well. She hopes to be at a meeting very soon.

A pupil describing in an essay his holiday in Aberystwyth, astonished and delighted his teacher by spelling the town's name correctly every time he used it.

The next day the teacher asked him to the front of the class and said

"Show the class how well you can spell. Write 'Aberystwyth' on the blackboard."

"Please, miss, I can't any more," he pleaded, "I've eaten all my rock."

Coming soon ...

17th May: Three Societies (Members from Portsmouth Welsh & ex Winchester Welsh have been invited to join us - so far we have 5 Guests from Winchester.

Catering by Team D - Ann's Team

Raffle by Menna & Carwyn

30th June : The Garden Party